

**1989 USMS 10 Mile
Open Water
National Championship**

**21st Annual Seal Beach
“Rough Water” Swim**

Sunday, July 23, 1989

Seal Beach, California

**Sponsored by Seal Beach Swim Club
Sanctioned by United States Masters Swimming
and United States Swimming**

Partial RESULTS

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1989 USMS 10 Mile Open Water National Championship Sunday, July 23, 1989 - Seal Beach, California

There were 69 swimmers.

10 Mile

1. Chad Hundebly	(Irvine)	3:08:19	
2. Chuck Wiley		3:08:22	
3. Karen Burton	27	3:14.44	1 st female
6. Martha Jahn	Palos Heights	3:32?	2 nd female
35. Mark Rowley	37	4:23:33	

3 Mile Men

1. Andy Miller (Huntington Beach)

3 Mile Women

1. Tracy Dries (San Diego)

1 Mile Men

1. John Blaney (Mission Viejo)

1 Mile Women

1. Natalie Norberg (Industry Hills)

Results are taken from a Los Angeles Times Article by Mike Reiller – Hundebly Thrives in Pressure of Seal Beach Rough Water – July 24, 1989.

Please contact the USMS History & Archives Committee if you have the official results for this event.



The 21st Annual Seal Beach "Rough Water" Swim



Sunday, July 23rd, 1989

Seal Beach Rough Water Swim and USS/USMS Long Distance Championships
Sanctioned by United States Swimming and United States Masters Swimming
USS OR USMS REGISTRATION IS REQUIRED - NO EXCEPTIONS

EVENTS

*Use
check*

1	MENS 10 MILE	(15K)	To Swim Events 1-4, each Swimmer must provide their own paddler with board. Entries for these events must be returned no later than July 10, 1989. Late or beach entries will not be accepted.
2	WOMENS 10 MILE	(15K)	
3	MENS 3 MILE	(5K)	
4	WOMENS 3 MILE	(5K)	

Age Group Swims - USS Only

5	BOYS 7 & 8 200 YARD SWIM	9	BOYS 11 & 12 800 YARD SWIM
6	GIRLS 7 & 8 200 YARD SWIM	10	GIRLS 11 & 12 800 YARD SWIM
7	BOYS 9 & 10 400 YARD SWIM	11	BOYS 13 & 14 1200 YARD SWIM
8	GIRLS 9 & 10 400 YARD SWIM	12	GIRLS 13 & 14 1200 YARD SWIM

— Seal Beach Mile —

13	MENS 1 MILE SWIM	14	WOMENS 1 MILE SWIM
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TIME AND PLACE:

Events 1 and 2: 10 Mile Swim
Check-in time: 5:30 a.m.
Start: 6:00 a.m.
West Side of the Huntington Beach Pier

Events 3 and 4: 3 Mile Swim
Check-in Time: 7:30 a.m.
Start: 8:00 a.m.
West Side of the Seal Beach Pier

Subsequent Events will be run in order after the 3 mile start:
Check-in time begins at 8:00 a.m.
West Side of the Seal Beach Pier
One Mile check-in: 9:00 a.m. to 10:00 a.m.
West Side of the Seal Beach Pier

SEAL BEACH AWARDS: Events 1-4 medals to finishers not receiving USS & USMS medals. Event 1 and 2. USS Championship Medals to Top eight USS Finishers. Winner of the individual USS Championships will receive a Championship Watch. USMS Championship Medals to top three USMS Finishers (25-29 to 90+). First Male and Female USS Swimmer will receive trophies. Events 5-14; 1st through 6th place medals in each division. Events 13-14; First Male and Female will receive trophies. Participation pins will be awarded to all entrants. **Team Trophies** will be awarded to 1st through 3rd place USS and Masters teams entered (minimum 6 entries). **Team Points Scored:** Individual events: 7, 5, 4, 3, 2, 1.

ENTRY FEES: 21st Anniversary Package - Includes Entry Fee (for either the Distance, Age Group or 1 Mile Swim), T-Shirt, Swim Cap, and Seal Beach Rough Water Swim Program and more - \$21.00

Events 1-4 \$10.00. Events 5-14 \$8.00. \$3.00 mailed results fee, optional. Make checks payable to: **SEAL BEACH ROUGH WATER SWIM**. Mail completed entry form to: **SEAL BEACH ROUGH WATER SWIM, P.O. Box 821, Seal Beach, CA 90740.**

T-SHIRT ORDER: Order T-Shirts in advance by enclosing \$~~5.00~~^{10.00}. See below for order form.

POST ENTRIES: Events 5-14 will be accepted subject to \$5.00 penalty. **NO** Post Entries for Events 1, 2, 3 or 4 will be accepted. Telephone or wire entries will **NOT** be accepted. **\$15.00 USS Registration fee required if not registered prior to swim.**

ELIGIBILITY: This is a USS/USMS invitational swim meet. USS or USMS registration is required. **NO** exceptions.

TEAM ELIGIBILITY: ~~Novice Teams belonging to a recognized League with a minimum of six entries.~~ USS and USMS Teams with a minimum of six entries.

RULES: USS rules will govern. Swimmers must check-in with the Clerk of Course for each event they wish to swim. **ALL Entries for the 3 and 10 mile swims MUST be accompanied by a paddler.** Must finish ten mile swim in six hours to qualify.

COMPLETE AND SIGN ENTRY FORM

Make Checks Payable To: **SEAL BEACH ROUGH WATER SWIM**
Detach and Mail to: **BETTY WEIR, P.O. Box 821, Seal Beach, CA 90740**
Phone: (714) 840-2181 or (213) 598-3610

★ **MUST SIGN THE BACK WAIVER!** ★

NAME _____ BIRTHDATE _____ AGE _____ SEX _____

CHECK ONE: USS _____ USMS _____ TEAM REPRESENTED _____

USS Registration Number _____ (NUMBERS WILL BE CHECKED)

USMS Registration Number _____ (NUMBERS WILL BE CHECKED)

ADDRESS _____ STATE _____ ZIP _____

TELEPHONE NUMBER () _____ PADDLERS NAME _____

CIRCLE NUMBER ENTERED 1 2 3 4 5 6 7 8 9 10 11 12 13 14

MAJOR ACCOMPLISHMENTS _____

T-SHIRT ORDER: T-Shirt Size (Circle) Adult: XXL, XL, L, M, S Child: L M S.

AMOUNT OF ENTRY FEE ENCLOSED \$ _____

Number of Shirts: _____ X (\$~~5.00~~^{10.00} each) AMOUNT ENCLOSED \$ _____

ENCLOSED IS \$3.00 MAILED RESULTS FEE

In consideration of the acceptance of this entry, we the undersigned participant and parent or guardian, intending to be legally bound, do hereby take action for myself, my executor, administrators, heirs, next of kin, successors and assigns as follows: A) Waive, Release, Discharge, and Agree not to sue, from any and all liability for my death, disability, personal injury, property damage, property theft or action of any kind which may hereafter accrue to me as a result of my participation in, or my traveling to and from the Seal Beach Rough Water Swim. The following persons or entities: The United States Swimming Association, The Southern Pacific Association of the US, The City of Seal Beach, The Department of Recreation and Parks, The Seal Beach Swim Club and its Board of Directors and Coaches, the meet Director, Event Producers, Event Volunteers, and all cities, counties, districts and/or states in which said event may be staged or in which segments of said events may be run and its (their) Officers, Directors, Employees, Representatives and Agents and Volunteers: B) I demit and hold harmless the persons or entities mentioned in this paragraph from any and all liabilities or claim made by other individuals or entities as a result of any of my actions during the Seal Beach Rough Water Swim Meet.

I acknowledge that this race(s) is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. I hereby assume the risks of participating in the Seal Beach Rough Water Swim Meet. I certify that I am physically fit, have sufficiently trained for participation in this event(s), and have not been advised otherwise by a qualified medical person.

I hereby consent to receive treatment in the event of my injury, accident and/or illness during the Seal Beach Rough Water Swim Meet.

ACKNOWLEDGEMENT, WAIVER, AND RELEASE FROM LIABILITY (AWRL)



**The 21st Annual
Seal Beach Rough Water
Swim
July 23rd, 1989**

**Age Group Swims
1 Mile**

**3 Mile
10 Mile**